

General Information	
Academic subject	Counseling and psychodynamic psychotherapy
Degree course	LM Psychology
Curriculum	Clinic psychology
ECTS credits	6
Compulsory attendance	No
Language	Italiano

Subject teacher	Name Surname	Mail address	SSD
	Amedeo Stella	amedeo.stella@uniba.it	M PSI 07

ECTS credits details			
Basic teaching activities	Psychodynamics	M PSI 07	6

Class schedule	
Period	I Semester academic year 2019/20
Year	II
Type of class	Lecture - workshops

Time management	
Hours measured	1 hour = 60 minutes
In-class study hours	40
Out-of-class study hours	110

Academic calendar	
Class begins	October 2019
Class ends	January 2020

Syllabus	
Prerequisite requirements	
Expected learning outcomes	<ul style="list-style-type: none"> • <i>Knowledge and understanding</i> Knowledge of main clinical treatments in psychodynamics • <i>Applying knowledge and understanding</i> Ability to differentiate and explain the way to apply the main psychodynamic models of treatment • <i>Making informed judgements and choices</i> Ability to observe and to judge techniques and effects about the different approaches to the individual, the relationship and the group in psychodynamic psychotherapy • <i>Communicating knowledge and understanding</i> Abilities to express the contents learned during the course in a personal and competent way • <i>Capacities to continue learning</i> Reading, analyzing, and communicating texts and experiences concerning counseling and psychodynamic psychotherapy
Contents	Focusing the main psychodynamic topics about counseling and psychotherapy
Course program	
Bibliography	- 1) <i>Glen O. Gabbard, Introduzione alla psicoterapia</i>

	<p><i>psicodinamica (III edizione), Cortina, Milano 2018</i></p> <p>- 2) <i>A. Stella, Ipofanie. Ovvero sul disvelarsi delle origini del trauma attraverso il processo psicoanalitico, Franco Angeli, 2016.</i></p> <p>- 3) <i>A. Stella, Lo specchio di Narciso e lo sguardo di Afrodite, Dedalo, Bari, 2005.</i></p> <p>- 4) <i>A Stella. I Destini di Narciso, Franco Angeli, 2016.</i></p> <p>- 5) Kernberg O. (2007), <i>The therapeutic action of psychoanalysis: controversies and challenges</i>. "The psychoanalytic quarterly", 76S:1689-1723</p> <p>- 6) <i>Il "counselling psicodinamico". In "Thalassa. Studi di clinica psicodinamica", vol. 5, N.1, 2018.</i></p> <p><i>Dispense:</i></p> <p>1) <i>Casi Clinici.</i></p> <p>2) <i>Altre</i></p>
Notes	
Teaching methods	Frontal lessons and experiential laboratories
Assessment methods	Oral or written exam
Further information	